

VALLEY OF THE MOON SCOTTISH FIDDLING SCHOOL

BED BUG INFO & MITIGATION

Camp Campbell and the Valley of the Moon Organizing Committee have done all we can to mitigate for Bed Bugs at camp and we expect to move into a bed bug free camp. However, it should be noted that campers can bring bed bugs to camp from other places and the following measures can be taken to alleviate this likelihood.

Bed Bugs: Packing for Prevention

In recent years, bed bugs have increased greatly in North America. They are often found in hotels, multi-unit dwellings, and other structures that house people for short periods of time. While bed bugs may be a nuisance, they do not transmit disease to people. The good news is that there are simple steps that can be taken to help ensure that campers do not bring bed bugs to camp. Although we only have a few cases a year we want to suggest some steps you can take to reduce that number to zero. We're doing our part to eliminate this pest here; please help us by following the packing advice given below:

PACKING

1. Visually inspect items for bugs. Take sleeping bags, blankets, and luggage out of storage, place them outdoors, and inspect them carefully for any signs of bugs or eggs.
2. Tumble bedding and luggage in clothes dryer. Place bedding or luggage in the clothes dryer and tumble them on a high heat setting for 30 minutes. The heat from the dryer kills bed bugs and eggs. For items that cannot be placed in a dryer, vacuuming or cleaning with soap and water or alcohol based cleaning products will kill bed bugs.
3. Use a heavy gauge garbage bag as a liner in luggage. Place all clothing inside the liner and tightly twist a knot to seal. This will help keep bed bugs out of clothing. In addition, place bedding in a separate garbage bag. Duffle bags are recommended as they can be placed in a dryer, unlike suitcases.
4. To protect one's belongings from bed bugs, products containing permethrin which are labeled for use on fabrics can be applied to backpacks, duffle bags, and the outside of sleeping bags. Always follow the label directions when applying permethrin products.